



St. Mark – Ocean Park Anglican Church

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E-PULSE NEWSLETTER OF ST. MARK OCEAN PARK FEBRUARY 13, 2022

PATHWAYS TO RECONCILIATION - Saturday March 5th at the Parish of St. Mark - Ocean Park, from 1:30pm-4:30pm Due to the enthusiastic response to our first gathering, we are inviting those who registered for the first event to re-register by calling the Church office no later than Thursday February 17. Or you may email office@stmarkbc.org. After that date, we will be extending the invitation to the wider community. Please note that this event is subject to change and dependent on public health mandates.

THE LUNCH BASKET FOR HUNGRY CHILDREN – is provided this week by Brenda Horner to the Glory of God and in gratitude for her husband Ron Henze, on Valentine's Day and always.

FLOWERS FOR THE ALTAR – are given today by Mary Brown to the Glory of God and in gratitude for first responders and health care teams.

READINGS FOR NEXT SUNDAY – February 20 – Genesis 45:3-11, 15, Psalm 37:1-12, 41-42, 1 Corinthians 15:35-38, 42-50, Luke 6:27-38

SACRED GROUNDS - our next on-line coffee hour, takes place today! after the 10am Service. See the Sacred Ground poster attached.

COLDEST NIGHT OF THE YEAR - It is that time of year when 113 communities from across Canada join together to walk in their communities to raise funds to help the homeless. White Rock is consistently amongst the top 5 communities that supports this program. St. Mark's is registered as a team called "St. Mark's Walkers." Due to social distancing restrictions, we cannot get together on the promenade but we can pick a 5 km walk in our neighbourhoods and walk sometime on Fri. Feb. 25, or Sat. the 26th or Sun. the 27th. Our goal is \$1200. Click to register: <https://cnoy.org/register>

Phone Brian Walks or e-mail him to let him know that you are part of the team. If you wish to donate and not walk you are welcome to join the team too.

The Men's Club and the Ladies Guild regretfully announce that the SHROVE TUESDAY PANCAKE SUPPER and LENTEN LUNCHEs are **CANCELLED**.

PRAYER CHAIN – The Coordinator for the prayer chain is Lynne Hurd. You may reach her at 604.542.2772 or by email at lynneh1@telus.net

WANT TO BE INCLUDED IN SUNDAY INTERCESSIONS? If so please contact the Office at 604.535.8841 OR call or email Michael Klaver: 604.541.9598 klaverfamily@shaw.ca

UPCOMING WORSHIP SERVICES

Wednesday, February 16 - 10am Morning Prayer BCP
Sunday, February 13 - 8am Eucharist
Sunday, February 13 - 10am Eucharist

- Hand sanitizing and social distancing are encouraged.
- The BC Provincial Health Officer has mandated that masks be worn in all public indoor spaces.
- Anyone attending our liturgies (worship services) to show proof of vaccination (double vaccinated).

WE CONTINUE TO...

- LIVE STREAM our Sunday Worship.
- To access the online Service go to our Church's website: www.stmarkbc.org On the homepage that opens, click on the service's video, or where it says: "St Mark Online Worship Services".
- If you would like to watch or listen to some of our older services you may go into the YouTube archives through our Parish website www.stmarkbc.org and click on "St Mark Online Worship Services". Alternatively you can use these links: tinyurl.com/St-Mark-Online-Video-Channel OR https://www.youtube.com/channel/UCLHs8LO-SfLIO_i0FX3hJNg

St Mark's Family, Youth and Children's Time continues it's study of Luke.

- Feb. 13: Luke 16:17-26 - The kids learn that having everything right now does not necessarily make things better
- Feb. 20. Luke 6:27-36 - Aunt Sue and Rebecca talk about how to deal with a bully
- Feb 27. Luke 9:37-43 - Jonathan and his Sister Saphira learn about Jesus' healing grace.
- March 6. Luke 4: 1-13 - Naomi and Ruth Are Tempted

Subscribe to our youtube channel https://www.youtube.com/channel/UCLHs8LO-SfLIO_i0FX3hJNg or follow the link from our webpage. <http://stmarkbc.org/>



Caring for God's People & God's Earth - More good news Milk containers now 10 cent refund each

It's easy to support the Food Bank, your favourite charity or??? Set up an Express Account at a **Return-it** facility 140th St./32nd Ave at 3221 140th or 24th Ave / King George 15515 24th Ave. Rinse & flatten milk cartons & 4l. jugs (best before Feb. 1/22 or later) Bottles & Cans (from Canada only) check for French under "Nutrition" Juice cartons & cans, bottles. Limit glass to limit the weight of your extra large clear plastic bag (31" x 42 ") so it doesn't break. At the depot print your label / put it on your bag / and leave! Payment is received by e- transfer. **Happy Saving God's Earth** A few folk at St. Mark's have been supporting PWRDF funds this way. For more info Check the **Return-it** website or with Anne S after church.



THANK YOU TO THOSE WHO HAVE MADE DONATIONS FOR OUR FLOWERS

Below is the flower chart for February. If you would like to offer flowers for the sanctuary those months, in Memory of a Loved One, in Thanksgiving for a birthday or Anniversary we would very much appreciate it. The Altar Guild is willing to purchase the flowers and have them arranged. Please contact Kathryn Smith at 604-560-1455 or e-mail hkmasmith@shaw.ca

February 20	Pauline and Jack Blachford
February 27	
No Flowers in Lent – Lent Begins Sun. March 6	



THE LUNCH BASKET FOR HUNGRY CHILDREN provides funding for lunches to five single Mothers and nine children. Please help support these families by choosing a 2022 date (see chart below) to support these families and have a dedication in the weekly Pulse. Email or phone Darlene W. or Barb G. with your dedication. The suggested donation of \$60 can be made by e-transfer, the Donation Station, or by dropping off a cheque in the mailbox at the church office.

February 20	Betty-Ann and Ian Bainbridge
February 27	Irene Snow
March 6	Chris and Leslie Ann Hebb
March 13	
March 20	
March 27	

St Mark's Sacred Grounds Online

Second Sunday

of the month @ 11:30 am

Register in advance for this meeting: by emailing the office by Thursday the week preceding the Coffee hour or through the website before 11am Sunday.

After registering you will receive a confirmation email containing information about joining the zoom Sacred Grounds Coffee Hour. If you registered once you are already registered for the following coffee hours.

